

25 FEBRUARY - 13 MAY 2021

AWAKENING LEADERSHIP TRAINING

Education for Personal and Societal
Transformation

www.awakeningleadership.net



INVITATION

*YOU HAVE FOUND THIS FOR A REASON.
ANSWER THE CALL.
START THE JOURNEY.*

Are you in transitional stage in your life?

Do you need more energy?

Do you want to

... enhance your leadership skills?

... deepen the meaning of your life?

... gain clarity about your life/goals?

... be a part of a transformative social change
movement?

Then this learning journey is for you!

In this pilgrimage you will

... learn about yourself, present society and our natural
world

... build and cultivate good friends, compassion and
wisdom, humility and confidence

... explore the dynamic balance of Yin and Yang in
many aspects of life.

Embark on this inspirational voyage with us!

participative

active participation,
power-sharing,
collaboration and
empowerment



HEAD



HEART



HANDS

A HOLISTIC APPROACH TO EDUCATION

contemplative

meditation, mindfulness
and self-cultivation



ECOVILLAGE DESIGN EDUCATION

from inner change
towards social
transformation

reflective

critical and systemic
thinking and analysis -
un-learn to re-learn

25 february - 13 may 2021

SCHEDULE

Embark on the entire journey or join in at your favorite stops

Mindful Activism
path

SLOW IS BEAUTIFUL: Paradigm Shift and Emerging Cultural Values

define and experience the
nature of change that society
and we ourselves must go
through. Read more.....

25 feb-
01 mar

@Wongsanit Ashram,
Bangkok
with
Keibo OIwa, PhD,
Pracha Hutanuwatr
\$750

@Wongsanit Ashram,
Bangkok
with
Pracha Hutanuwatr
\$600

04-06
mar

INNER HEALING (Internal Family Systems)

explore a powerfully
transformative model of therapy,
where our inner parts contain
valuable qualities and our core
Self knows how to heal, allowing
us to become integrated and
whole. Read more...

MINDFULNESS & INNER GROWTH

study, observe, explore and
practice the 7 factors for
awakening and the 4
foundations of mindfulness.
Read more...

07-09
mar

@Wongsanit Ashram,
Bangkok
with
Kanya Likanasudh
\$600

@Wongsanit Ashram,
Bangkok
with
Nuttarote Wangwinyoo,
Chanchai Chaisukkosol
\$600

12-14
mar

COMPASSIONATE COMMUNICATION (Non-Violent Communication)

gain tools to understand what
triggers us, take responsibility for
our reactions, and deepen
connection with ourselves and
others. Read more...

CONFLICT TRANSFORMATION (Process Work)

raise your awareness for working
with conflicts with the
assumption that the solution to a
problem is contained within the
disturbance itself. Read more...

16-18
mar

@Wongsanit Ashram,
Bangkok
with
Pairin Jotisakulratana
\$600

@Wongsanit Ashram,
Bangkok
with
Petra Carman, PhD,
Pracha Hutanuwatr
\$600

19-20
mar

PARTICIPATORY DECISION-MAKING

discover and experience models
of discussion and decision
making that enable conscious
collaboration and
empowerment. Read more...

@Wongsanit Ashram,
Bangkok
with
Pracha Hutanuwatr
\$600

22-24
mar

MINDFUL ACTIVISM:

Moving Forward

building on the 5 previous workshops, formulate a holistic approach to activism, which simultaneously encompasses both self-transformation and social transformation. More...

FOUNDATIONS IN ECOLOGY

discover tools and perspectives to investigate and identify causes and conditions of ecological crisis, and how to live in harmony with nature. More...

@Southern Thailand
with
OmSunisa Jamwiset
\$700

31 mar-
03 apr

27-29
mar

@Southern Thailand
with
Saifon Sittimongkol, PhD,
Pracha Hutanuwatra
\$600

DEEP ECOLOGY

through a series of experiential practices fully experience interconnection and diversity, and discover the inherent worth of all beings regardless of their utility to human beings. More...

VISION QUEST

embark on an ancient Native American ceremony-based practice that helps individuals make a meaningful and significant life transition, facilitated by community and nature. More...

@Koh Yaonoi,
Southern Thailand
with
Pracha Hutanuwatr
\$900

16-20
apr

06-12
apr

@Southern Thailand
with
Nuttarote Wangwinyoo
\$850

RE-DEFINING MARKET:

Alternative and Community-oriented Tourism

experience and learn from working models of community-based and tourism-oriented economies, exploring different concepts and drawing on their lessons learned over decades of implementation. More...

SDG TRAINING OF MULTIPLIERS

decode relevant UN conventions into meaningful frameworks for transformative action at the local level. More...

@Bo Nok beach,
Southern Thailand
with
Jane Rasbash,
Pracha Hutanuwatr,
Heaven Hong
\$2,000

23 apr-
13 may

24-25
apr

@Bangkok
with
Jane Rasbash,
Petra Carman
\$600

MINDFUL FACILITATION FOR EMPOWERMENT:

(Gaia Education Training of Trainers)

deepen your experience in how to teach, facilitate and train people by enabling collaboration, participation and empowerment among a community of learners. More...



Sign up before 1 November 2020 and receive a **SPECIAL 35% DISCOUNT**

| | VALUE | YOUR PRICE | YOU SAVE |
|-----------------------|---------|------------|----------|
| 1 workshop* | \$600 | \$390 | \$210 |
| Mindful Activism path | \$3,600 | \$2,340 | \$1,260 |
| complete course | \$9,400 | \$6,110 | \$3,290 |

*e.g. workshops part of Mindful Activism Path: Foundations in Ecology; and SDG Training of Multipliers,

FRIEND

bring a friend - both of you receive \$400 off next workshop

ACHIEVER2 / ACHIEVER3

sign up for **2 workshops** - receive \$300 off next workshop

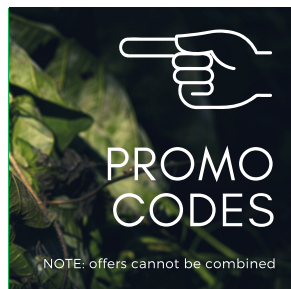
sign up for **3 workshops** - receive \$600 off next workshop

ACTIVIST

sign up for all 6 workshops of **Mindful Activism** - get \$1200 off total

CHANGEMAKER

sign up for the **complete course** - get EARLY BIRD price + airport transfer + 2x 1-h Thai massage



DESIGN YOUR JOURNEY

YOU RECEIVE:

- quality facilitation
- three meals/ day
- snacks
- drinking water
- accommodation
- transport during training
- basic stationary
- mosquito repellent

secure
your spot

APPLY
HERE

by 15 January
2021



CERTIFICATION

Completing the entire journey, you are eligible to receive SEM College certification, as well as Gaia Education's "Ecovillage Design Education", and - by attending SDG Training of Multipliers and Mindful Facilitation for Empowerment - "Training of Trainers" certification.

These certifications can count as coursework towards a Master of Arts in Holistic Sustainability (see below), and contribute to the pathway to become a certified Gaia Education trainer.



Master of Arts in Holistic Sustainability

(SEM College)

Officially accredited by Bodhisastra University (USA), the MA program brings together the integrated learning from the Awakening Leadership Training journey, and an individual research project in the area the participant wants to effect change.

[Learn more...](#)



"Five months ago, I decided to rethink the way I lived and I joined the ALT program in Thailand. A simple life but full of meaning. I had the opportunity to meet very inspiring people, who led me to reflect a lot about what I knew about the world, and especially about myself. There were several theories, thinkers, techniques, tools, practices and more ...

and lots of fun.

I learned to listen, to express myself, to be present, to have compassion, not to judge myself so much and even learned to change sides.

I connected with nature....I found peace in silence, fasting and meditation. Ah! I learned to meditate: standing, sitting, walking, praying and even washing dishes.

I met people and fell in love with their way of thinking, willpower, humbleness, courage, sincerity, honesty, wisdom, and all goodness in heart – people who live their lives helping other people.

I created a circle of friends and after so much laughter and crying together, they became my family."

Mariana Koutaka, Brazil



AWAKENING LEADERSHIP TRAINING

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